HS214

Human Development II

3 Credits

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Original Developer: Pat Wasylik
Current Developer: Nina Barrett
Reviewer: Joanne McDonald
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The Implementation Date for this Outline is 13/04/2020
Human Development II

Calendar Description

This course assists students in understanding the changes—physical, cognitive, social, and personality—that take place from middle childhood through to adulthood. Theoretical perspectives of human development are examined, providing a comparison of various assumptions and principles about growth and behaviour.

Rationale

This is a required course for Child and Youth Care, Early Learning and Child Care, and Educational Assistant students. Human development is the study of how genetic and environmental factors influence development and the age-related changes which occur over time. Successful human services practitioners need to understand the factors and changes to aid them in understanding the individuals with whom they are serving.

Prerequisites

HS114

Co-Requisites

None

Course Learning Outcomes

Upon successful completion of this course, students will be able to

1. explore the effects of media during the school years and adolescence.
2. recognize the effects of heredity and environment on human development.
3. discuss the physical growth and change including motor skill development from middle childhood through to adulthood.
4. discuss health issues and physical fitness.
5. discuss cognitive development theories.
6. explore cognitive measurement and assessment tools.
7. describe the development of moral reasoning and social cognition.
8. discuss issues and factors effecting personality and social development.
9. summarize the characteristic features and influences of friendships and peer groups on
the developing individual.
10. discuss the factors and social issues that influence the development of the individual.
11. identify developmental issues that arise from experiences and generate approaches to
working with those situations.

**Resource Materials**

**Required Text:**


**Reference Text:**
None

**Conduct of Course**

This course includes lectures, discussions, PowerPoint presentations and videos to provide an
understanding of human growth and development and the contributing contexts that support
development. Self study using the online materials that accompany the text is advised.

**Evaluation Procedures**

Grading system is based on the number of points received for each examination. One hundred
(100) points are available. Students are expected to write all exams.

Assignments and Exams:

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<thead>
<tr>
<th>Assignment</th>
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<tbody>
<tr>
<td>Exam 1</td>
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<td>Exam 2</td>
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<td>Exam 3</td>
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<td>Total</td>
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**Grade Equivalents and Course Pass Requirements**

*A minimum grade of D (50%) (1.00) is required to pass this course.*

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<th>D+</th>
<th>C-</th>
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<th>B-</th>
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<td>1.70</td>
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Students must maintain a cumulative grade of C (GPA - Grade Point Average of 2.00) in order to qualify to graduate.

Attendance

Regular attendance is essential for success in any course. Absence for any reason does not relieve a student of the responsibility of completing course work and assignments to the satisfaction of the instructor. More than four (4) absences per course, per semester, may result in probation. Further absences may result in suspension from the program. In cases of repeated absences due to illness, the student may be requested to submit a medical certificate.

Instructors have the authority to require attendance in classes.

Course Units/Topics

1. Effects of media on development
   a) television and movies
   b) computers and the internet
   c) video games, cell phones, and music

2. Middle childhood
   a) Physical changes
      i) growth and motor development
      ii) the brain and nervous system
      iii) health promotion and wellness
   b) Cognitive changes
      i) language
      ii) concrete operational thought
      iii) information processing
      iv) schooling
   c) Social and personality development
      i) theories of social and personality development
      ii) dimensions of moral development
      iii) social relationships
      iv) personality and self-concept

3. Adolescence
   a) Physical changes
      i) the endocrine, reproductive and other body systems
      ii) adolescent heath
      iii) substance abuse and mental health problems
b) Cognitive changes
   i) formal operational stage
   ii) information processing
   iii) transition to secondary school
   iv) gender and academic achievement

c) Social and personality development
   i) theories of social and personality development
   ii) self-concept and personality
   iii) social relationships
   iv) moral development

4. Early Adulthood
   a) physical changes
   b) cognitive changes
   c) theories of social and personality development
   d) intimate relationships
   e) parenthood and other relationships
   f) the role of worker