PSYCO233

Personality

3 Credits

Instructor: Donna Astley-Reed
Phone:
Original Developer: Dr. Dorothy Ryan
Current Developer: Donna Astley-Reed
Reviewer: Mark Cryderman
Created: 01/01/1998
Revised: 26/08/2019
Approval: 03/09/2019

The Implementation Date for this Outline is 01/09/2019
Personality

Calendar Description

An introductory survey including representative theoretical points of view and research relevant to the major problems of the study of personality.

Rationale

Why do people behave the way they do? Why do I behave the way I do? In this course, the student comes to understand the answers to these questions and other issues related to the relatively permanent and stable characteristics that make up his/her personality and the personality of others.

Prerequisites

PSYCO104 and PSYCO105 or equivalent

Co-Requisites

None

Course Learning Outcomes

Upon successful completion of this course, students will be able to

1. describe various components of personality and identify ways in which theoretical frameworks and perspectives include these components.
2. compare and contrast the major theoretical perspectives of personality.
3. examine research methodologies and the unique issues in personality assessment.
4. relate the theoretical frameworks and the components of personality to one's personal life with regards to mental health, career, relationships, cognitions, behaviours, etc.
5. apply appropriate writing skills in terms of spelling, grammar, terminology, and building an academically sound argument.
Resource Materials

**Required Text:**

**Reference Text:**
TBA

Conduct of Course

You will find your learning experience is enhanced if you are an active participant in the learning process. For example, I ask that you read the material before we discuss it in class so we do not have to use class time to introduce you to the information. This will enable us to take the classroom discussions to a higher level. Also, you will likely enjoy the classroom experience more and improve your learning if you participate in classroom discussions.

Research assignments are to be turned in by the due date. I reserve the right to reduce the grade on late assignments by up to 5% per day the assignment is late or give the assignment a grade of zero. This grading process will also be applied to in-class presentations.

Plagiarism and cheating - presenting someone else's words, ideas or work as your own - is a serious academic offence. Punishments range from a reduced grade for the assignment to expulsion from the college.

Evaluation Procedures

In order to assess your progress and understanding of the lecture and reading materials, the following evaluations are administered:

<table>
<thead>
<tr>
<th>Evaluation Type</th>
<th>Percentage</th>
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<tr>
<td>Midterm Exams</td>
<td>30%</td>
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<tr>
<td>Midterm; details TBA</td>
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<tr>
<td>Assignments/Projects/Quizzes</td>
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<tr>
<td>Term Paper</td>
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<td>Final Exam</td>
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Due dates for exams and the research assignment will be discussed in class. I reserve the right to give a zero grade to late assignments or reduce the grade by up to 5% for each day late.

**All assignments and projects must be completed prior to writing the final exam.**

No supplemental assignments or examination re-writes are permitted in this course.
Grade Equivalents and Course Pass Requirements

A minimum grade of D (50%) (1.00) is required to pass this course.

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Students must maintain a cumulative grade of C (GPA - Grade Point Average of 2.00) in order to qualify to graduate.

Attendance

Regular attendance is essential for success in any course. Absence for any reason does not relieve a student of the responsibility of completing course work and assignments to the satisfaction of the instructor. Poor attendance may result in the termination of a student from a course(s).

If you do not meet the established attendance requirements, your instructor will recommend that the Registrar withdraw you from the course. A failing grade of RW (Required to Withdraw) will appear on your transcript.

In cases of repeated absences due to illness, the student may be requested to submit a medical certificate. Instructors have the authority to require attendance at classes.

Course Units/Topics

Unit 1: Introduction to Personality Psychology
Unit 2: Traits and Motives
Unit 3: Biology and Evolution
Unit 4: Freudian and Neo-Freudian Approaches
Unit 5: The Learning Perspectives
Unit 6: Humanitic Perspectives
Unit 7: Cognitive-Behavioural Approaches